

Summer 2007

## Worth Knowing, Summer 2007

New York Law School

# Worth Knowing

## Up Close and Personal with... Nancy Guida

By Daniel Rothbart



Since July of last year, Nancy Guida has lent her marketing acumen and business savvy to New York Law School in the role of Vice President for Marketing and Communications. In her brief time at the School, Nancy has gotten many projects underway, including plans to relaunch our Web site so it will be more user-friendly and attractive to prospective students, the production of new collateral for recruitment, and the redesign of the alumni magazine, which will now read and feel like a glossy magazine.

In addition to her work at New York Law School, Nancy is strongly committed to the Center for Anti-Violence Education (CAE), a Brooklyn-based non-profit organization that offers self-defense classes for children, women, teen women, transgender people, and others who are particularly vulnerable to violence. Nancy was recently appointed to the role of Chairman of the Board of Directors.

Both the Law School and CAE serve important roles in the community, working to better our society through active engagement. In Nancy's words, "I feel lucky to work at a place where the mission is about justice for a diverse society and to volunteer at a place where the mission is to end violence one person at a time."

Both institutions empower individuals to affect social change in their communities. CAE focuses on healing lives of people who have been survivors of violence and teaches them skills to avoid violent confrontations and defend themselves if necessary. New York Law School provides first-class legal training to a diverse student body, helping students realize their potential, and is currently undergoing a major expansion of its New York City campus and beyond. As Nancy explains, "Both places are growing in great ways, and I am glad to have a role in that."

### Self-Defense Tips from CAE

- Stay alert. Be aware of people near you and of your surroundings in every place you frequent.
- Carry yourself in a confident manner—even if you are lost, scared, or upset. Attackers often seek out people who appear vulnerable. If you are approached, respond assertively, or leave, keeping an eye on what he/she does.
- If you think you are being followed, try changing your pace or crossing the street. Do not lead a potential attacker to your home. Instead go to a store or another populated place.
- You can choose to ignore or respond to a verbal harasser, depending on your comfort level. In either case, remain aware of the person or group. Take into account your potential allies in the vicinity, the environment (any safer places?), and your ability to physically defend yourself.
- If you're harassed when with a friend or family member, stay physically close (if possible) and communicate with each other. Try to talk about and practice what you both can do in threatening situations before they occur.

For more information about CAE, visit [www.cae-bklyn.org](http://www.cae-bklyn.org).

## Interesting Facts!

By Wanda James

- 6.6 billion – population of the world
- 302 million – population of the U.S.
- 80 – number of people per square mile in the U.S.
- New York City is the largest city in the U.S., with more than 8.1 million people.
- 36 million – population of California, the most populated state in the U.S. However, New Jersey has the most people per square mile (about 1,134) of all 50 states.

Source: [www.census.gov](http://www.census.gov)

## Trivia Time

In each puzzle you have to work out which image or word is the odd one out.

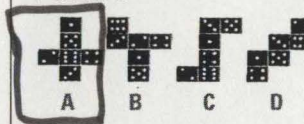
### PUZZLE 1



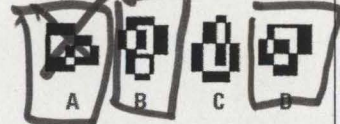
### PUZZLE 2



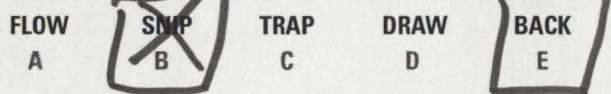
### PUZZLE 3



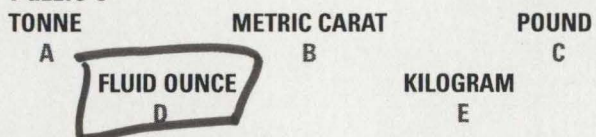
### PUZZLE 4



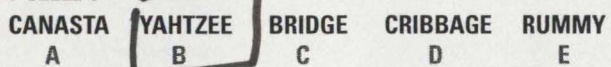
### PUZZLE 5



### Puzzle 6



### PUZZLE 7



The first employee to e-mail Karen Burke, HR, at [worthknowing@nyls.edu](mailto:worthknowing@nyls.edu), with correct answers to **all** trivia questions, will win a gift from the HR department.

## Announcements

### Welcome!

We would like to welcome the following employees who joined the New York Law School family between April and June of 2007:

Marc Bekerman	Graduate Tax Program
Joseph Compagno	Information Technology
Sonja Davis	Academic Skills
Jonelle Hooper	Alumni Relations and Development
Patricia Hynes	Alumni Relations and Development
Kenneth Johansson	Accounting
Colin O'Regan	Financial Aid and Admissions

### Congratulations!

We would like to congratulate the following employees on their promotions:

Ray Grant	Assistant Registrar
Culley Johnson	Assistant to Associate Dean
Dana Parascando	Registrar Coordinator

### Honorable Mentions!

We would also like to congratulate the following members of the Law School family:

- Stephanie Vincent, on the birth of her son, Dubai Ryder Walker, on March 4, 2007.
- Ben Prigal, son of Helena Prigal, who celebrated his bar mitzvah in June.
- Steven Marcus and Usheevii King, on their graduation from New York Law School, Class of 2007.
- Eric Henry, who has been accepted at New York Law School.
- Ajanna Matthews, daughter of Diane Matthews, who graduated from Adelphi University, *cum laude*, Class of 2007.
- Margaret (Peggy) Perrin, who will celebrate her 48th wedding anniversary in June.

### Retirement

Margaret (Peggy) Perrin will be retiring from New York Law School on June 30, 2007. Peggy has had a tremendous career with the Law School that spans 15 1/2 years. She joined the NYLS family on January 27, 1992, as a cataloger in the Mendik Library and has held the position since then. Although Peggy will be missed, she has worked hard throughout her entire career and has earned the opportunity to enjoy more time with her family and grandchildren. Her daughter Leslie, a lawyer, has a son, Ethan (6), and a daughter, Claire (3). Her son David, a personal fitness trainer, has a son, Jarrod (11), who resides in Buffalo, and will be spending part of July in the city with Peggy and her husband Gerry.

Peggy plans to spend her retirement studying Italian, learning more about art, becoming a better listener to music, or considering work as an English as a second language teacher or adult literacy instructor. She will also finally complete a sweater she started knitting when Ethan was born, hoping it can now fit Claire, his younger sister.

Peggy's 15 1/2 years of service have made her an asset to the Law School community and she will be missed. We wish her all the best in her retirement!

## The Water Fountain

**Watching Your Boy Become a Man** | By Helena Prigal

My son Ben turned 13 this month, and we are in the final preparations for his bar mitzvah, when, according to the Jewish religion, he officially becomes a man. The "becoming a man" part is of course a big joke to all of us since he is still sometimes unable to tie his shoes properly.

But every now and then I see a glimpse of something that makes me realize he's heading in the right direction. As part of the bar mitzvah process, the kids are asked to do a service project. He chose a pretty ambitious one, and decided to "Bike for Blood." He and my husband signed up to ride the Montauk Century (65 miles or 100 metric miles) on May 20, and he solicited sponsors for each mile he rode. Sponsors were asked to either donate blood or make a donation to their favorite charity if he completed the mile they signed up for. He was motivated to undertake this project because his cousin was diagnosed with aplastic anemia when she was 1 1/2. She spent the better part of the next two years in and out of the hospital and isolated from other people. She received more blood transfusions than any child should, and was ultimately cured through a bone marrow donation from an anonymous donor. (We recently met the anonymous donor, which was one of the most moving experiences of my life.)

It was great to watch Ben in the past few months get of bed an hour earlier than usual to do training rides before he went to school. Those of you with pre-teens or teens will understand the tremendous effort involved here. It was great to watch him ride in cold weather, or against the wind, or instead of watching TV. It also was great to watch him start to remember to bring his water bottle along on rides. It was especially rewarding to watch his biking skills improve and to hear him explain to others why he was riding. And it was really wonderful to hear from him at the end of the ride! For the biking fans among you, they completed the 65 miles at an average speed of 14.5 mph.

We're still tallying it all up, but his efforts will have yielded about 40 pints of blood, including some from people who have never donated before, and about \$1500.00 to a variety of charities!

## Worth Knowing

E-mail [worthknowing@nyls.edu](mailto:worthknowing@nyls.edu) with stories you would like to share with your colleagues.



## Getting Outta Dodge

Travel Tips for First-Time Travelers to Europe | By Ray Grant

Europe is one of the most popular destinations for tourists today for many reasons: it is the size of the U.S., contains numerous famous sites, uses a single currency in many countries, and is very easy to get around. The euro (€) is the official currency of 13 European countries. In the United Kingdom, which includes England, Scotland, Wales, and Northern Ireland, the currency is the pound sterling (£). The simplified currency exchange makes it convenient for travelers visiting different destinations since they only have to change currency once or twice at the most. For instance, one can buy a meal in Paris with euro banknotes obtained from an ATM in Madrid, Amsterdam, or Dublin. In addition, local budget airlines now make it very inexpensive to travel from one European country to another. Depending on the location, there is often efficient train service as well.

Although there are many great destinations in Europe, I would recommend London as a first stop for first-time U.S. travelers to the continent. English is the native language, so travelers will feel a level of comfort knowing that it is easy to communicate with others and find their way around. The city is also very accessible via public transportation, with a convenient bus system and subway system, called "the Tube," that are easy to navigate. The famous "black cabs" and "mini-cabs" help supplement the mass transportation system, although since they are not always cheap, I recommend taking public transportation to get around the city.

There are many things to do in London. For starters, if you are into museums, I would definitely recommend the British Museum. Dubbed one of London's top tourist attractions, this museum covers over 14 acres of real estate and includes a collection of objects and artifacts from noteworthy historical figures—from ancient kings to more contemporary people. An added bonus is that admission into many museums in the United Kingdom is free. Other must-see attractions include Buckingham Palace, the world-famous clock Big Ben, the Houses of Parliament, the London Eye (which offers a spectacular view of the city), Westminster Abbey, and the Tower of London.

Depending on the time of your arrival, there are usually many cultural events and festivals happening as well. In March, there is the Literature Festival. Between May and July, other events include the International Music Festival, the Spring Flower Show, a beer festival, and a Caribbean-styled parade called the Notting Hill Carnival.

Finally, the nightlife in London is always busy. Head out to Soho to enjoy some of the nightclubs or bars in this trendy area. Or treat yourself to a show, such as Othello or Big White Fog, in London's famous West End theatre district and you will not be disappointed. There is no doubt that London is definitely one of the first places to visit in Europe for first-time travelers.

## Movies

Upcoming Movies | By Karen Burke & Farrah Nagrampa

- **TRANSFORMERS:** July 4, 2007  
The 80s cartoon will hit the big screen with a cast to line up for: Jon Voight, Bernie Mac, Tyrese Gibson, Megan Fox, and more. Optimus Prime and Megatron will battle on the big screen.
- **HARRY POTTER AND THE ORDER OF THE PHOENIX:** July 13, 2007  
Have you been going through Harry Potter withdrawal? Well, fear no more! The wise one has returned for his fifth year of study. He's wiser, more mature, and will again cast a spell on his fans.
- **HAIRSPRAY:** July 20, 2007  
Sixteen years after the original film, "Hairspray" is back. This time around, the classic musical comedy about star-struck teens has an even better collection of talent, including John Travolta, Queen Latifah, Michelle Pfeiffer, and Christopher Walken.
- **THE SIMPSONS MOVIE:** July 27, 2007  
What happens when a movie takes 18 years to make? You get "the Simpsons."
- **THE BOURNE ULTIMATUM:** August 3, 2007  
Here, Bourne travels to Paris, Madrid, and New York, as he struggles to "find" himself.
- **RUSH HOUR 3:** August 10, 2007  
After six years of absence, Jackie Chan and Chris Tucker reunite onscreen as Chief Inspector Lee and Detective James Carter as they travel to Paris to crack down on the Chinese organized crime family, the TRIADS.
- **WAR:** September 14, 2007  
Jet Li is back in this action-thriller, playing an assassin who kills an FBI agent's partner, sets off a bloody crime war between two rival Asian gangs, and starts a deadly game of revenge from the FBI agent, played by Jason Statham.

## Cool Web Sites

By Farrah Nagrampa

- **Opus1.classical.com** Great resource for information on classical music concerts in New York, L.A., D.C., Chicago, and Pennsylvania. And if you're taking a trip to Paris, London, or Budapest, they've got you covered as well.
- **Coudal.com/moom.php** The Museum of Online Museums has links to great brick-and-mortar museums such as the Smithsonian, the United States Holocaust Memorial Museum, and MoMA. The site's "Permanent Collection" section will also link you to online collections, such as "The Letters of Vincent Van Gogh" and "Ansel Adams at 100."
- **Hopstop.com** Don't know what train/bus to take to get to your destination? This site can help. Provide your starting and destination address, and it will tell you what bus or train to take.

## Save the Date!

Summer 2007 | By Karen Burke

It's that time again all! Summer is just around the corner. If you've ever experienced one of those "I feel like doing something, but don't know what" days, just pick from the list of summer activities below and enjoy!

**Macy's Fourth of July Fireworks:** Manhattan, South Street Seaport.  
9:00 p.m. Free.

**Restaurant Week:** July 10–July 14 and July 17–July 21. Three-course lunch \$24.07. Three-course dinner \$35.

**New York City Tap Festival:** July 11–July 14. The DUKE on 42nd Street.  
The hottest legendary, new on the scene, youth, and modern tap dancers.  
Tickets \$40.00.

**Hong Kong Dragon Boat Festival:** August 4–5, 9 a.m.–5 p.m. Meadows Lake,  
Flushing Meadows Park, Corona Park. Free.

**The New York International Fringe Festival:** Multi-arts festival with more than  
200 companies performing. August 10–26, 2 p.m. to midnight on weekdays; noon to  
midnight on weekends.

**11th Annual Atlantic City Puerto Rican Parade and Latin Music Festival:**  
August 12, Atlantic City, NJ, Noon–10:30 p.m.

**VJ Day Anniversary Celebration:** August 14, Military Island, Broadway and 7th  
Avenue, between 43rd and 44th Streets. Free.

**Harlem Week:** Manhattan, August 18–19, West 135th Street between 5th & St.  
Nicholas Avenues.

**West Indian American Day Parade & Carnival:** Brooklyn, on Labor Day, on  
Eastern Parkway from sun up to sun down.

**Broadway on Broadway:** September 16. Performances of songs from Broadway  
shows, by current cast members, held in Time Square. Free.

**Queens County Fair:** Queens, September 24 & 25, 11 a.m.–6 p.m., 73-50 Little  
Neck Parkway. \$3–\$6.

**Atlantic Antic Festival:** September 30, 11 a.m.–6 p.m., Atlantic Avenue, Brooklyn.

## Bon Appétit

Alfama: A Taste of Portugal | By Andrea Juncos

I discovered Alfama a few years ago, and it has been one of my favorite restaurants ever since. Located at the corner of Hudson and Perry Streets in Manhattan's West Village, this charming, romantic spot serves authentic Portuguese food in a bright and elegant atmosphere.

Named after a historic beach town in Lisbon, Portugal, Alfama offers both traditional and modern Portuguese cuisine, which includes lots of fresh seafood and hearty meat dishes. Some of the most delicious appetizers include the

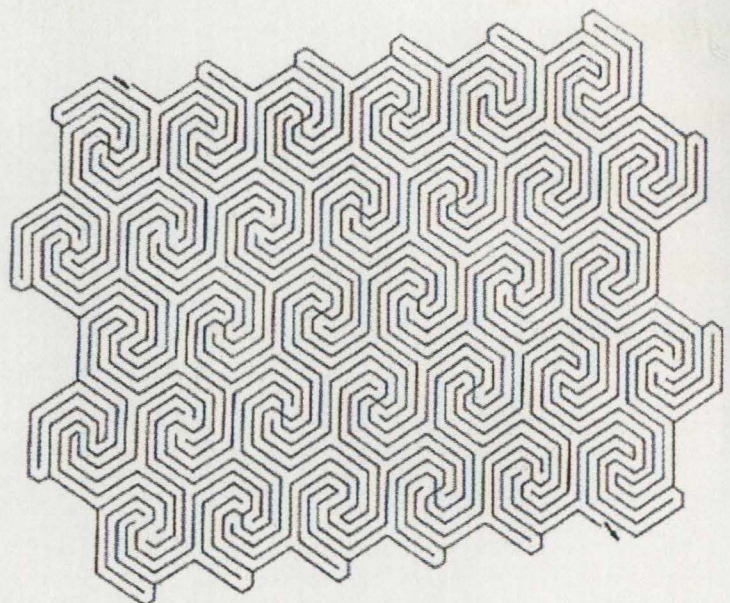
"caldo verde" soup—with sausage, potato, and greens; the marinated shrimp with white bean salad; and the plates of assorted Portuguese cheeses and smoked sausages. Among the entrees, which include three excellent versions of bacalao (codfish) and a tasty seafood stew, my all-time favorite is the traditional "Bife na Pedra," an organic filet mignon steak served on a piping-hot stone that you use to finish grilling each piece as you eat it right at the table. The steak is one of the best I've ever tasted—extremely tender and juicy, and flavored perfectly with garlic and other spices. It's served with potatoes and greens, as well as a choice of dipping sauces for the meat.

In addition to the amazing menu is an award-winning wine list featuring more than 100 wines from various regions of Portugal. And the friendly servers are more than willing to help you find the best wine to pair with your dish. Staff members are so hospitable, in fact, that if you take the time to fill out a quick survey, they'll send you special promotions via e-mail—for example, I received a \$15 gift certificate for my birthday!

Alfama offers a number of unique features, including a weekend prix-fixe lunch and a popular Sunday brunch with live jazz. Dinner entrees generally fall within the \$20-\$30 range, although you can save money with a special three-course, prix-fixe menu for \$25 on Mondays and \$35 on Tuesdays. I highly recommend going on a Wednesday night, when you can catch a live performance of *fado*, the traditional folk music of Portugal, which often attracts native Portuguese patrons who enthusiastically sing along. Whether you're already a fan of Portuguese cuisine or are looking to try something new, Alfama is an excellent choice!

[www.alfamarestaurant.com](http://www.alfamarestaurant.com)

## Figure This Out!



## Worth Knowing

## Buzz Around Town...continued



## What's Cooking?

**Delicious Deluxe Deviled Eggs** | By Karen Burke

6 eggs  
1/2 stalk celery, finely chopped  
1/4 onion, finely chopped  
1/4 cup mayonnaise  
Salt to taste  
1 dash hot pepper sauce  
Paprika, for garnish

Place eggs in a medium saucepan and cover with cold water. Bring water to a boil and immediately remove from heat. Cover and let eggs stand in hot water for 10 to 12 minutes. Remove from hot water, cool, and peel. Cut eggs in half. Remove yolks and place in a medium bowl. Mash together with celery, onion, mayonnaise, salt, and hot pepper sauce. Stuff the egg white halves with the egg yolk mixture. Sprinkle eggs with paprika. Chill covered in the refrigerator until serving time.

Serves 12 per recipe.

# Worth Knowing

## Buzz Around Town

STAFF APPRECIATION LUNCHEON | By Karen Burke

Here are some photos from the annual Staff Appreciation Luncheon, held on May 24, 2007.

